

Park South YMCA Pool Schedule

Summer 2010

June 7th – August 13th

Pool usage may be altered to accommodate need. Aquatic training may be held as necessary – look for posted signs describing schedule changes, especially during holidays & periods of inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 – 9:00 Water Fitness	8:00 – 9:00 Water Fitness	8:00 – 9:00 Water Fitness	8:00 – 9:00 Water Fitness	8:00 – 9:00 Water Fitness	8:00 – 9:00 Water Fitness	YMCA CLOSED
9:00– 9:30 Lap Swim	9:00– 9:30 Lap Swim	9:00– 9:30 Lap Swim	9:00– 9:30 Lap Swim	9:00– 9:30 Lap Swim	9:00-11:00 Swim Lessons	
9:30-10:00 YMCA Camp	9:30-10:00 YMCA Camp	9:30-10:00 YMCA Camp	9:30-10:00 YMCA Camp	9:30-10:00 YMCA Camp	11:00-12:00 Community Open Swim	
10:00-11:30 Community Outreach	10:00-11:30 Community Outreach	10:00-11:30 Community Outreach	10:00-11:30 Community Outreach	10:00-11:30 Community Outreach		
11:30-12:15 YMCA Camp	11:30-12:15 YMCA Camp	11:30-12:15 YMCA Camp	11:30-12:15 YMCA Camp	11:30-12:15 YMCA Camp		
12:15-1:15 Community Outreach	12:15-1:15 Community Outreach	12:15-1:15 Community Outreach	12:15-1:15 Community Outreach	12:15-1:30 Guard In Service	<p>Park South Family YMCA 2500 Romine Ave Dallas, TX 75215 214-421-5301 www.parksouthymca.org</p> <p>We build strong kids, strong families, strong communities</p>	
1:30-3:00 YMCA Camp	1:30-3:00 YMCA Camp	1:30-3:00 YMCA Camp	1:30-3:00 YMCA Camp	1:30-3:00 YMCA Camp		
3:10-4:00 Community Open Swim	3:10-4:00 Community Open Swim	3:10-4:00 Community Open Swim	3:10-4:00 Community Open Swim	3:00-4:00 PS Basketball		
4:15 – 4:45 4:50 – 5:20 5:25 – 5:55 Swim Lessons	4:15 – 4:45 4:50 – 5:20 5:25 – 5:55 Swim Lessons	4:15 – 4:45 4:50 – 5:20 5:25 – 5:55 Swim Lessons	4:15 – 4:45 4:50 – 5:20 5:25 – 5:55 Swim Lessons	CLOSED	<p>Swim Lesson Times: Monday - Thursday 4:15 – 4:45 Pike/ Eel/ Ray/ Starfish/ Polliwog/ Guppy/ Minnow 4:50 – 5:20 Pike/ Eel/ Ray/ Starfish/ Polliwog/ Guppy/ Minnow 5:25 – 5:55 Pike/ Eel/ Ray/ Starfish/ Polliwog/ Guppy/ Minnow Saturdays 9:00 – 9:30 Pike/ Eel/ Ray/ Starfish/ Polliwog/ Guppy/ Minnow 9:00 – 10:00 Parent & Child 10:00 – 11:00 Adult & Teens Session Dates: Summer 1: June 7 – June 17 Summer 2: June 21 – July 1 Summer 3: July 5 – July 15 Summer 4: July 19 – July 29 Summer 5: August 2 – August 12 Saturday Session: June 12-July 31</p>	
6:00-7:00 Water Aerobics	6:00-7:00 Water Aerobics	6:00-7:00 Water Aerobics	6:00-7:00 Water Aerobics			
7:00-7:45 Open Swim	7:00-7:45 Open Swim	7:00-7:45 Open Swim	7:00-7:45 Open Swim			

All pool participants must receive a stamp at the front desk before entering pool area. Lap lanes are available everyday during community-rec swim Community-Rec Swim IS NOT available during Camp Swim or Swim Lessons. In order for swim lesson classes to make, at least 3 participants must be registered.